

**ATTENDANCE:**

**Practices are 4:00-5:30 daily after school** (unless otherwise specified)

**Matches are 3:30 until we all finish** (around 6:30 sometimes earlier, sometimes later)

**Absence from ANY Practice or Match REQUIRES a written note or e-mail to the Coach from the player's PARENT or TRAINER specifying the date/reason for the Absence the day BEFORE the absence.**

*Absences called in to the OHS Attendance Office are NOT reported to Coaches or the Activities Office. You must contact us separately to report absences.*

- Absence from school = absence from practice/competition
- Late to school on the day of a match ABSOLUTELY jeopardizes participation in that day's competition
- Absence from Practice the day PRIOR to a match jeopardizes participation in the following day's competition

**Non-Team Training Sessions should occur before or after tennis practice.**

Players are expected to arrive on time, dressed and prepared for all practices and matches. Any choice to participate in extra training/conditioning should be schedule so as to NOT interfere with team practice time.

While I prefer all players participate in our rainy day conditioning sessions to build stamina as well as team spirit, inclement weather days are the only days players will be excused from a full practice timeslot for work with their personal coaches or trainers. **If there is no alternative session for the player to go to, the player must attend team conditioning. Notice of other plans must be given to Coach.**

**BUS TRANSPORTATION**

**Every** team member is expected to ride the bus for **all** away events. Bus Assistant Dan Carpenter will supervise transport to away matches. **Meet @ Door 6 @ 3:15p to depart to all away matches. Coach will come directly to match sites.**

**LETTERING**

Many factors are considered in order for a player to receive a Varsity Letter.

These include sportsmanship, dedication, determination, team participation, attitude, and match play. During the course of the regular season, there are twelve match opportunities including our two scrimmages, in which all players should participate. In general, each player should have played in at least ten matches, and each player should have won at least eight matches in order to earn her letter. Players must also participate in any planned community service and fundraising events for the team.

At the coach's discretion, a letter may be awarded to a team member who demonstrates the aforementioned qualities even though she did not participate in match play (ex. Team Managers).

Scores should be reported to the coach at the end of each match as soon as it is completed, so that accurate records can be kept of players' win-loss records.

**FUNDRAISING**

If there are any goals you would like to see set for improvements, please share your suggestions, so we can investigate and plan fundraisers to offset costs.

**COMMUNITY SERVICE**

**Dulles Honor Flight** – Welcome Veterans upon their arrival at the Airport. Honor flight brings Veterans to the DC area for a tour of the monuments/memorials commemorating those who served in the Vietnam War, etc.